

IO

WAYS

TO

L I V E

A R I E E N



RECYCLE EVERYTHING!

Think about how many pieces of paper you go through in a semester. There are your class notes, your scrap copies, your term papers, your daily school newspapers, and assorted studies you have printed out from the internet. It all adds up. Look for a paper in the recycle bin on campus – you might find one near a residence hall or large classroom building. Recycle other items as well, including cans, bottles, and cardboard boxes.



USE YOUR PRINTER WISELY

You can save paper by printing on both sides of the page. Many professors don't mind if you turn in a paper like this – just ask first. Save pages that you have printed and use the backs to print out drafts and other things you do not have to turn in. In addition, many printers have multiple settings for print quality. Use the high quality setting for things that have to look nice, but use the low quality setting for things that don't. This will save ink. While you are at it, consider cutting down on things you print out. Do you really need to print that webpage or can you just bookmark it?



LIMIT THE USE OF DISPOSABLE CUPS AND PLATES

If you are moving into your first off-campus apartment, it can be tempting to buy disposable cups and plates to save time. This adds up to a lot of waste *AND* money. Buy yourself some inexpensive plates and wash them. You can do this when you live in the halls as well. Many halls have a kitchen, and if yours doesn't, wash dishes in the bathroom sink.



LIMIT THE USE OF PAPER NAPKINS

Since college students eat a good deal of fast food, napkins can add up. It is good that you want to be clean, but one napkin will probably do the trick. Be sure to only take what you will need.



USE COMPACT FLORESCENT LIGHT BULBS

These bulbs cost a little bit more, but they last longer and ultimately save you money. If you live in a hall, get yourself a lamp and screw in one of these bulbs. Lamp light can be more pleasant than overhead lighting, and with the compact florescent bulbs, you are still being environmentally responsible.



WALK, BIKE, AND LIMIT YOUR USE OF A CAR

Most campuses are very pedestrian friendly, and many college towns offer good public transportation and bike paths. Ask yourself if you really need a car as a college student. Because, if you can get by without one, you can save a good deal of money on gas, repairs, and over-priced student car insurance. If you do own a car, try to use it as little as you can.



BUY GREEN

Buy recycled products whenever you can, especially paper. Buy environmentally safe cleaning products as well. Some of these products cost more, but many do not or the price difference is negligible.



**CARRY A
WATER BOTTLE**

Think of how many bottles of water get consumed on a campus every day. Save waste and money and carry a refillable bottle.



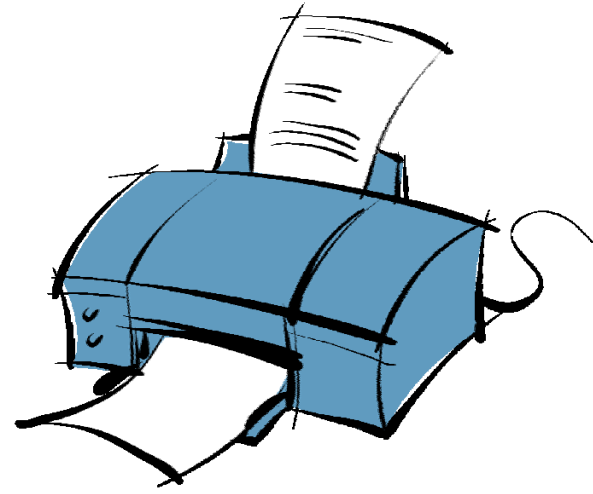
**USE
REFILLABLE
BINDERS INSTEAD
OF NOTEBOOKS**

This is a simple way to save waste. If you want to save your notes after the semester is over, take them out of the binder and staple them. Or, you can go electronic and take all of your notes on a laptop.



BUY USED CLOTHING

Lots of students do this to save money, but it is also a great thing to do for the environment. Reusing clothes decreases the use of resources to make clothing and puts a dent in the problem of worldwide sweatshops.





**THIS ONE
RUNS ON FAT
AND SAVES YOU MONEY**



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